

Premier Medical Aesthetics
Micro Needling
Patient Instructions

Side Effects:

After the procedure your skin will be red like sunburn. You can feel skin tightening and sensitivity to touch in the area of treatment. Redness is common for the first 24 hours lasting up to 72 hours.

Contraindications:

Not indicated for clients with keloid scars, scleroderma, collagen vascular disease, cardiac abnormalities, active infection, hemorrhagic disorders and or hemostatic dysfunction. Also not indicated in pregnant or nursing women, client's eczema, psoriasis, history of herpes simplex virus or on immunosuppression therapy, and Accutane within the last 6 months

Please avoid: retinoids, topical antibiotics, exfoliates, hydroquinone and Avoidance of IPL/Laser procedure the last 7 days

Day of treatment:

Omit lotions, creams, make up, arrived with clean washed skin, and inform provider of any medical history and if you are taking any medications

Post Procedure Instructions:

After your treatment your healthcare provider may apply a moisturizer or serum to the skin. Avoid anti-inflammatory medication for the day. Avoid sun tanning and prolonged exposure to the sun day of procedure. Apply SPF 30 or above. You may wash your face with a gentle cleanser before bed. A few days after the procedure you may experience skin flaking and dryness. This is normal

Day 1: You may clean your face as usual and apply makeup, lotions and other topical products as usual. Avoid peels and exfoliants and use a SPF 30 or greater sunscreen.